

## Addendum 2021-22 Athlete/Parent Handbook

Current:	Proposed:
<p>Page 1 – I. INTRODUCTION</p> <p>It is our desire that every student who participates in Mountain Home Athletics has a positive and meaningful experience. The pursuit of excellence is fundamental to athletics and our coaching staffs are encouraged to maintain a high level of expectations for you, the athlete, in your conduct on the field, off the field, and in the classroom. This material is presented to you because you have indicated a desire to participate in interscholastic athletics. We are concerned with the educational development of boys and girls through athletics and feel that a properly controlled, well-organized sports program meets your need for self-expression, mental alertness, and physical growth. It is our hope to maintain a program that is sound in purpose and to further each student’s educational maturity. A student who elects to participate in athletics is voluntarily making a choice to represent Mountain Home Athletics both on and off the playing surface.</p>	<p>Page 1 – I. INTRODUCTION</p> <p>It is our desire that every student who participates in Mountain Home Athletics has a positive and meaningful experience. The pursuit of excellence is fundamental to athletics and our coaching staffs are encouraged to maintain a high level of expectations for you, the athlete, in your conduct on the field, off the field, and in the classroom. This material is presented to you because you have indicated a desire to participate in interscholastic athletics. We are concerned with the educational development of boys and girls through athletics and feel that a properly controlled, well-organized sports program meets your need for self-expression, mental alertness, and physical growth. It is our hope to maintain a program that is sound in purpose and to further each student’s educational maturity. A student who elects to participate in athletics is voluntarily making a choice to represent Mountain Home Athletics both on and off the playing surface.  <b>(ADD) The athletic handbook policy starts with the student athlete in the 7<sup>th</sup> grade and follows them through graduation.</b></p>
<p>Page 4 – V. DISCIPLINE POLICY (Cont)</p> <p>1. Alcohol/Drugs/Drug Paraphernalia</p> <p>a. First Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 20% of the games or activities scheduled.</li> </ol> <p>b. Second Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 20% of the games or activities scheduled.</li> </ol> <p>2. Tobacco</p> <p>a. First Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 10% of games or activities scheduled.</li> </ol>	<p>Page 4 – V. DISCIPLINE POLICY (Cont)</p> <p><b>1. Alcohol/Drugs/Drug Paraphernalia</b></p> <p>a. First Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 20% of the games or <b>competitions</b> scheduled.</li> </ol> <p>b. Second Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 20% of the games or <b>competitions</b> scheduled.</li> </ol> <p>2. Tobacco</p> <p>a. First Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 10% of games or <b>competitions</b> scheduled.</li> </ol>

Current:	Proposed:
<p>Page 5 – V. DISCIPLINE POLICY (Cont)</p> <p>2. Tobacco</p> <p>b. Second Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 20% of the games or activities scheduled.</li> </ol> <p>c. Third Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 30% of the games or activities scheduled.</li> </ol> <p>d. Fourth Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 40% of the games or activities scheduled.</li> </ol>	<p>Page 5 – V. DISCIPLINE POLICY (Cont)</p> <p>2. Tobacco</p> <p>b. Second Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 20% of the games or <b>competitions</b> scheduled.</li> </ol> <p>c. Third Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 30% of the games or <b>competitions</b> scheduled.</li> </ol> <p>d. Fourth Violation:</p> <ol style="list-style-type: none"> <li>1. Suspended from 40% of the games or <b>competitions</b> scheduled.</li> </ol>
<p>Page 6 – VI. ATHLETIC INJURIES</p> <p>Any injury, large or small, should be reported to the coach immediately. Any injury not requiring a doctor’s care will be assessed by the coach in charge and/or athletic trainer in order to determine the athlete’s ability to play or practice. The hospital generously provides the services of athletic trainer, Callie Paden. Mountain Home School District also provides an athletic trainer, Kyle Goetting. The trainer will assess an injury and communicate that assessment to the coach. The coach and trainer will then make recommendations to the athlete and/or their parents. Ms. Paden/Mr. Goetting will also work with the rehabilitation of our athletes. Parents, when your child does see a doctor for an athletic injury that requires rehabilitation or other treatment that can be performed by the trainer, it would be helpful if you would allow the doctor to share this information regarding your child with them. The more information they can gather from the doctor regarding the injury, treatment, and rehabilitation, the better she should be able to help your child.</p>	<p>Page 6 – VI. ATHLETIC INJURIES</p> <p>Any injury, large or small, should be reported to the coach immediately. Any injury not requiring a doctor’s care will be assessed by the coach in charge and/or athletic trainer in order to determine the athlete’s ability to play or practice. The hospital generously provides the services of athletic trainer, Callie <b>Hendricks</b>. Mountain Home School District also provides an athletic trainer, <b>Lane Alexander</b>. The trainer will assess an injury and communicate that assessment to the coach. The coach and trainer will then make recommendations to the athlete and/or their parents. <b>Mrs. Hendricks/Mr. Alexander</b> will also work with the rehabilitation of our athletes <b>if we have the appropriate equipment</b>. Parents, when your child does see a doctor for an athletic injury that requires rehabilitation or other treatment that can be performed by the trainer, it would be helpful if you would allow the doctor to share this information regarding your child with them. The more information they can gather from the doctor regarding the injury, treatment, and rehabilitation, the better she should be able to help your child.</p>

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<p>Page 7 – XII. DROPPING/TRANSFERRING SPORTS and MISSING CLASSES</p> <p>1. If an athlete quits or is dismissed from one sport, he/she cannot start another sport until the end of the sport he/she has quit or has been dismissed from if 20% of the scheduled games in that sport have already been completed. For example, the athlete has the first 30% of their scheduled games to decide whether or not to stay with that sport. The exception would be if a senior, at any time, decided that the sport he/she is participating in is not for them, he/she may choose to leave that sport and participate in the next sport. In other words, if a senior basketball player chooses to leave at any time, he/she could begin baseball, softball, track or soccer practice. If an athlete is participating in two sports, same season, he/she may drop one sport without affecting participation in the other.</p>	<p>Page 7 – XII. DROPPING/TRANSFERRING SPORTS and MISSING CLASSES</p> <p>1. If an athlete quits or is dismissed from one sport, he/she cannot start another sport until the end of the sport he/she has quit or has been dismissed from if <b>30%</b> of the scheduled games in that sport have already been completed. <b>The 30% of the scheduled games begin when that athlete starts that sport.</b> For example, the athlete has the first <b>30%</b> of their scheduled games to decide whether or not to stay with that sport <b>when he/she starts that sport.</b> The exception would be if a senior, at any time, decided that the sport he/she is participating in is not for them, he/she may choose to leave that sport and participate in the next sport. In other words, if a senior basketball player chooses to leave at any time, he/she could begin baseball, softball, track, or soccer practice. If an athlete is participating in two sports, same season, he/she may drop one sport without affecting participation in the other.</p>
<p>Page 10 – XVII. AWARDS &amp; LETTERING POLICIES B. School Awards &amp; Lettering Policy</p> <p>3. Athletes who have participated for three consecutive years (9-11) or (10-12) and have not lettered, will letter their junior/senior year and be eligible for a patch. We will letter foreign exchange students for their one year of participation.</p>	<p>Page 10 – XVII. AWARDS &amp; LETTERING POLICIES B. School Awards &amp; Lettering Policy</p> <p>3. <b>Athletes who have participated for three consecutive years (10-12) and have not lettered, will letter their senior year and be eligible for a letter patch.</b> We will letter foreign exchange students for their one year of participation.</p>
<p>Page 11 – AWARDS &amp; LETTERING POLICIES (Cont)</p> <p>4. Second, third, and fourth-year letter winners will receive plaques and additional bars for their letter patches.</p>	<p>Page 11 – AWARDS &amp; LETTERING POLICIES (Cont)</p> <p>4. Second, third, and fourth-year letter winners will receive plaques. <b>(DELETE) and additional Bars for their letter patches.</b></p>
<p>Page 12 – XVIII. ELIGIBILITY GUIDELINES AND SUPPLEMENTAL INSTRUCTIONAL PROGRAM (SIP) INFORMATION (Cont)</p> <p>4. All athletes must be enrolled in at least four classes to remain eligible.</p>	<p>Page 12 – XVIII. ELIGIBILITY GUIDELINES AND SUPPLEMENTAL INSTRUCTIONAL PROGRAM (SIP) INFORMATION (Cont)</p> <p>4. All athletes must be enrolled in at least four classes to remain eligible. <b>An exception is if a student, in the last semester of their senior year, is enrolled in and attending regularly at least one academic course and is meeting all requirements for graduation.</b></p>