



Pinkston Middle School

February 12, 2021

Upcoming Dates

- 2/12 - Digital Learning Day
- 2/17 - Early Dismissal (1 p.m.); student led conferences rescheduled to this date 1 p.m. - 7 p.m.
- 3/3 - Early Dismissal (1 p.m.)
- 3/12 - Report Cards
- 3/22-3/26 Spring break (no school)
- 4/23 - Progress Reports
- 5/1 - Deadline for school choice forms click [here](#) to download
- 5/27 - Report Cards



In need of:

Scrap material/fabric, thread, yarn, extra scrapbooking materials/stickers/paper. Spare silverware could also be used. FCSI is doing some small sewing/crocheting/crafting projects. Anyone who has items they aren't going to use would be put to good use here.

Pinkston's clothing closet is in need of donations, especially small girl clothing size 12/14 girl to size Medium woman. Items especially needed are girls leggings, longer tops, joggers, and jeans. We could also use boy and girl shoes of all sizes and belts.



Yearbooks are available to order **online only** this year. Visit [jostens.com](https://www.jostens.com), click Yearbooks, order/buy, search for our school and complete your order.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|----------------------------|---------------|-------------------|----------------------|
| 15-Feb | 16-Feb | 17-Feb | 18-Feb | 19-Feb |
| BREAKFAST PIZZA | BREAKFAST BURRITO | BISCUIT | OATMEAL | BREAKFAST COMBO |
| JUICE | SALSA | SAUSAGE | TOAST | TOAST |
| FRUIT | JUICE | JUICE | JUICE | JUICE |
| MILK | FRUIT | FRUIT | FRUIT | FRUIT |
| | MILK | MILK | MILK | MILK |
| | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 15-Feb | 16-Feb | 17-Feb | 18-Feb | 19-Feb |
| PIZZA | CHICKEN STIR-FRY OVER RICE | CHILI | CHICKEN & NOODLES | HAMBURGER |
| SALAD / DRESSING | SALAD / DRESSING | VEGGIES / DIP | STEAMED BROCCOLI | SANDWICH SALAD CUP |
| MIXED VEGETABLES | FRUIT | TOTS | SALAD | POTATO WEDGES |
| FRUIT | FORTUNE COOKIE | CINN ROLL | ROLL | CARROT / BROCC & DIP |
| PUDDING | MILK | FRUIT | FRUIT | FRUIT |
| MILK | | MILK | MILK | COOKIE |
| | | | | MILK |

TRACK START DATES HAVE BEEN MOVED to the following:
Monday, Feb. 22 (boys 1st practice) with parent meeting to follow at 5:00 Pinkston gym
Tuesday, Feb. 23 (girls 1st practice) with parent meeting to follow at 5:00 Pinkston gym



Those 7th grade students interested in trying out for Junior High cheerleading need to pick up the application from the office or email Mrs. Cooley at acooley@mhbombers.com.

Application deadline is February 25th.

We are offering appointments for our 6th grade virtual students to come to campus for hearing and vision screenings, and for 6th grade girls, scoliosis screenings. These appointments will be offered in 15 minute increments beginning at 1:30 PM and ending at 3:00 PM on our early dismissal days. Seated students will dismiss at 1:00 PM on these days: Wednesday, February 17, 2021 and Wednesday, March 3, 2021. If you have any questions, or would like to make an appointment, please call Nurse Ellen at 870-425-1236.

Dear Parent/Guardian of a 6th grade girl:

All 6th grade girls will be screened for scoliosis on Wednesday February 24th. Scoliosis is a sideways curving of the spine, resembling an S-curve. Eighty-five percent of the time, scoliosis has no known cause and tends to run in families. This type of scoliosis first develops between the ages of 10 - 15 years and occurs more often in girls than boys. If scoliosis is detected early, treatment can be started and almost all of the curving is prevented.

The procedure for screening is a simple one in which the child's back is observed as he/she stands upright and bends forward. Students will be asked to expose their spinal area for the exam. Tops may be left around the neck, draping down to cover the front of the body. It is recommended that students wear a bra, sport bra or cami to lessen some of the anxiety associated with the procedure. The screening will be conducted in privacy with only the student and nurse present.

Any curvature or "back hump" that is noticed during the screening may indicate the need for further studies. If a problem is found, you will be notified. We will recommend that you take your child to a physician of your choice for an evaluation.

An Arkansas law was passed in August 1988 making scoliosis screening mandatory for all 6th grade girls. The only acceptable reason for exclusion from screening is if it is contrary to the parent or guardian's religious beliefs. This must be put in writing and handed to the examiner when the child is called to be screened. Phone calls will not be accepted. If your child is currently under treatment for a back problem by a medical doctor, please let us know that in writing.

ANY 6TH GRADE GIRL WHO IS ABSENT AT THE TIME OF SCREENING WILL BE CALLED TO THE OFFICE AT A LATER DATE FOR SCREENING.

If you have any questions or concerns regarding the screening, please feel free to contact the nurse at (870) 425-1236.

Thank you,
Nurse Ellen

ADULT SIZES
S-XXL
\$20

STRENGTHS T-SHIRT SALE

Support MHJH Cheer by ordering a "Together We are Stronger" t-shirt featuring your #1 Strength on the front



ORDER
BY
MARCH 5



SCAN ME

Scan the QR Code or visit
<https://rb.gy/xlenjz> to
place your order!

Payment should be sent to Amanda Cooley at
Mountain Home Junior High School
Checks made payable to Mountain Home Athletics