#### Dear NWH Families~

Let me begin by saying how much we miss all of our NWH students and families. Although we have never been in this unique situation before, the MHPS family of students, parents, educators, county and community leaders, and all other stakeholders have quickly risen to the occasion, as usual! We would like to thank everyone for your kindness and support!

As you know, NWH faculty and staff are here to serve our most important assets - your children! The next few weeks will not be easy. There will be mistakes, problems, and concerns along the way. However, there will be more successes, hope, laughter, fun, and purpose! We understand many of you are still working and have several children to help, financial concerns, health issues, etc. We are here to patiently support our students and you throughout this challenging time. Please do not stress over the school work via distance learning or printed packets. Frustrations are high due to our circumstances and we don't want to increase the stress on our families.

Our shared goal in this moment where the landscape is constantly shifting, is to ensure student engagement, reinforce skills, and prevent learning loss. We are going to provide schoolwork to keep our students' minds moving forward. But you are the parents and they are with you, so you have control to adjust as needed for your child/children. Again, contact your teacher via email or your class' communication platform if you need help. We also ask for your patience and understanding as we travel this new territory, too. Our teachers and administrators are working long hours from home while dealing with their new, but temporary, normal.

Our Learning Grids are available as options for your child. We ask that 3-5 literacy options and 2-4 math options be chosen weekly, whether it is off of the grids or from assignments your teacher has given you. Feel free to use several of the options multiple times, for example, you could do iStation every day. We have found that creating a schedule works well for the kiddos. The schedule might include breakfast time, literacy time, quiet time, math time, lunch time, outside play time, read a book time, chore time, etc. Again, if you have any questions or concerns please reach out to your teacher. If your child receives services from Mrs. Jeri Dotson jdotson@mhbombers.com or Mrs Kimberly Ritenburg kritenburg@mhbombers.com, please contact them for ways they can support your student's learning.

If I can be of service to you, please do not hesitate to email me at <u>lcramton@mhbombers.com</u>.

Stay well,

Laurie Cramton, NWH Principal

### FIRST GRADE AMI March 30-April 17 LITERACY CHOICES Please do both parts 1 and 2.

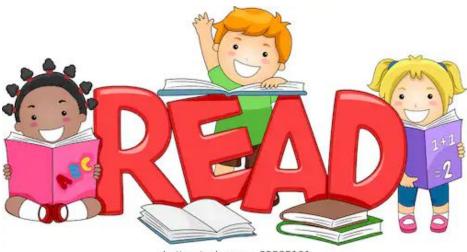


Choose three to five activities this week from each part below. When you have completed an activity, you can cross it off.

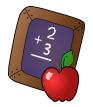
PART1 - read for at least 20 minutes each day							
Read online Epic for Students or storylineonline.net. Online Link	Go to <u>Mrs. Steiner</u> <u>Reads</u> on youtube. <u>Video Links</u>	Listen to an author read his/her book to you! <u>Link to authors</u>	Read a book of your choice. <u>Reading Response</u> <u>Options</u> Parents, you can use these strategies to work on comprehension.				
	PART 2 - choose 3 to	5 activities each week					
TECHNOLOGY These can be used more than once each week	READING	VVR⊞NG	GRAMMAR				
Go to iStation reading and do 30 minutes of lessons on your pathway or the assignment your teacher assigned for the AMI day.	Read a non-fiction book Write the topic and 2 facts that you learned. Make sure you write complete sentences and use correct capitalization and punctuation.	Start an "AMI Adventures Journal" and write about your daily experiences. How do you feel about no school? What are you doing with your time? Keep this journal and add to it each week as part of your AMI work	Write down 10 words that are nouns. Sort the words as person, place, or thing. Use at least two of the words in complete sentences.				
Connections Auditory Drills for review: Lessons 1-10: <u>Video Lesson</u> <u>Lessons 10-20</u> <u>Video Lesson</u>	Write the author, title, and a brief summary (beginning, middle, end) of the book you read today.	Think of an activity you enjoy (maybe baking cookies or building a lego tower). Write the steps in order, using complete sentences. Use the words, first, next, then, and last.	Write down 10 words that are verbs (an action word). Use at least two of the words in complete sentences. (Ex.: I <u>ran</u> faster than my teacher across the playground!				

TECHNOLOGY	READING	VVRITING	GRAMMAR
Connections Visual Drills for review: Lessons 1-10: Video Lesson Lessons 10-20 Video Lesson	Read any book create a picture advertising the book and try to convince others to read it too.	Write an imaginative story about any place in the world. Be creativel Have FUN!	Write down 10 words that are adjectives (words that describe a noun). Use at least two of the words in complete sentences. (ex.: The <u>red</u> truck drove by my house.)
Heggerty at home: <u>Video Lesson</u>	Compare a book with the video version. Which did you like best? Why? (Examples: Horton Hears a Who, The Cat in the Hat, Cloudy with a Chance of Meatballs)	Write an opinion paragraph naming your topic and 3 detail sentences telling why you think this way. (For example: I think sharks are dangerous because)	Make a list of 5 common and 5 proper nouns. Example: <u>Common Proper</u> store Wal-Mart *Don't forget that proper nouns need a capital letter!*

# Reading at Home



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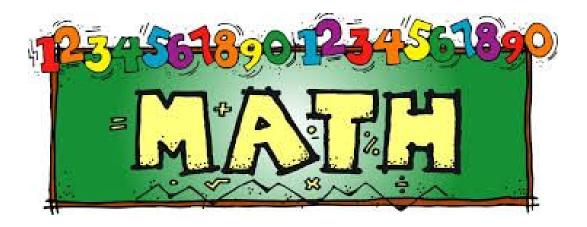
# FIRST GRADE AMI March 30-April 17 MATH CHOICES Please do both parts 1 and 2

Choose two to four activities each week from each part below. When you have completed an activity, you can cross it off.

PART 1 - complete 3 or more fluency activities each week						
Practice addition facts through 20 for 5–10 minutes.	Practice subtracti facts thro 20 for 5-10 minute	on ugh D	Practice mixed addition and subtraction facts for 5-10 minutes.	Skip count by 10 starting at 20. Count up to 120.		Skip count backwards by ten. Start at 90 and go down to 10.
	PART 2 -	com	plete 2 to 4 activit	ties eo	ich week	
TECHNOLOGY ( These can be us than once eac	sed more		ADDITION AND SUBTRACTION		ОТН	ER SKILLS
Go to iStation math, and do 30 minutes of lessons on your pathway or the assignment your teacher assigned for the AMI day.		Write a word problem adding three numbers together Solve your problem and show your work.		Using the analog clock below, draw hands to show 4:30.		
Do 30 minutes of iReady		pro	rite a subtraction <i>word</i> roblem using two digit numbers. ve your problem. Show your work		Balance this equation, so that both sides equal the same amount. 15+4 = 10+_ Can you create your own equation to solve?	

TECHNOLOGY OPTIONS	ADDITION AND SUBTRACTION	OTHER SKILLS
Watch this Jack Hartmann math video to work on subitizing numbers! <u>YouTube Link</u>	Count the members on each side of your family. Create an equation showing how many family members you have all together.	Ask your parents for a handful of coins. Trace and label the coins. Challenge: add up how much all of the coins equal.
<u>1st Grade Splash Learn</u>	Using a deck of cards (or you can create your own cards, 0-10) to play "draw 3 and add" with a family member. The player with the highest total of 3 numbers wins the set!	Create a drawing using 2 dimensional shapes (squares, circles, triangle, rectangles, etc. ) Label the shapes.

Basic Addition and Subtraction Facts



### **Optional** Specials

Complete each special area assignment this week.

Library	Art	Music	PE
Please click on this popular library book for first grade library lessons. Green Eggs and Ham Dr. Seuss	Click the artwork for first grade art lessons for each of the next 3 weeks.	The main curriculum resource that we use for music classes at NWH, Quaver's Marvelous World of Music, is available online for free. Daily music lessons and music making activities will be posted on the QuaverMusic.com website. Besides working through the online music lessons, your child can explore Quaver's Marvelous World of Music on their own. There are countless music learning activities available on the QuaverMusic website. You will need to use a unique "Quaver Code" to access the lessons for NWH students posted online. This code is <b>BXBB8</b> . This code is used to connect your child's Quaver student account to the NWH Quaver account. Below you will find a link to a short YouTube video tutorial on how to set up a free Quaver Student account. These instructions are also available as a PDF file you can download and print. Video Instructions: Free Quaver Account	If you would like to be invited to Coach Low's Google Classroom, you can email him at jlow@mhbombers.com and he will be able to add you so you can access all of his lessons through that platform. Or you can click here: PE Activities from Coach Low

## **OPTIONAL** SCIENCE , SOCIAL STUDIES, AND OTHER FUN THINGS

Teaching Remotely for Grades K - 12   Free Resources and Strategies	<u>Disney Movie</u> <u>Activity Links</u>	<u>Backyard</u> <u>Scavenger Hunt</u>	<u>GoNoodle:</u> <u>Home</u>	<u>Schoolhouse</u> <u>Rock</u>
<u>National</u>	<u>ScratchJr -</u>	<u>How to make</u>	Hero Maker	<u>Activities</u> San
<u>Geographic Kids</u>	<u>Home</u>	<u>soap</u>		Diego Zoo

Make a collage - gather things around the house to make a collage (leaves, buttons, rocks, torn paper - but no toilet paper () Be creative and use your imagination!!	Take a virtual tour of a museum or historical site. Write about it, be sure to tell what you toured and 2 interesting things you learned. Some websites are:	MAKE SURE YOU DO THIS ON A BAKING SHEET! Create a "Volcano" with an empty cup. Fill the cup about 1/3 full of vinegar. Add baking soda. Step back and watch!	Typing Club Username: first name and first initial of last name Password: nwh123	Make a reading fort and read inside!
Play a board game or card game with your family.	https://m.youtub e.com/watch?v= 9Qe5RqyMNhc 20 Virtual Field Trips to Take with Your Kids	Find a safe, kid friendly experiment you can do at home! <u>Kids Science</u> <u>Experiments  </u> <u>Science</u> <u>Experiments for</u> <u>Kids</u>	WATCH A BRAINPOP JR. VIDEO <u>BrainPOP Jr.</u> Username and password are: NWH12	TURN OFF THE LIGHTS AND READ WITH A FLASHLIGHT!

#### FROM MRS. SABO:

#### Resources for Parents:

- <u>How to Talk to Your Kids About Coronavirus</u>
- <u>Personal, Mental, and Emotional Health</u>
- <u>Things To Do While You're Stuck at Home Because School is Closed</u>
- <u>22 Interesting Non Tech Activities To Do With Your Kids This Summer</u> (these are wonderful activities not just for summer but for anytime some examples are...)
  - Cook a meal together.
  - Go on a neighborhood adventure.
  - Build a puzzle together.
  - Eat a meal by candlelight.
  - Give them chores.
  - Have a family picnic.
  - Take a bike ride.
  - Look through old family albums together.
  - Go outside and take family photos.
  - Make a chalk picture in your driveway using sidewalk chalk.
  - Hike through the woods.
  - Play a game of Charades.
  - Do a family art project.
  - Go fishing.
  - Have a treasure hunt.
- Two activities to help decrease a child's anxious thoughts/worries and create a safe place to keep them. Have your child make a "worry jar" or "worry beads"
  - *"worry jar" -* 1)draw a jar on a piece of paper 2) he/she can draw/write worries in the jar
  - *"worry beads" -* 1)draw a string of beads 2)label each bead with a worry 3)color the beads with the biggest worries

After finishing either activity - share with them - "Now, instead of carrying all of your worries around in your head, you can store them right here on the paper." When discussing these worries - encourage your child to use his/her words.

- Have fun when praising your child! Try the *"Cowpoke Cheer"* swing your hand over your head in a circular motion like a lasso and yell, *"YEEHAW"* or the *"Firework Cheer"* Rub hands together and make a sizzle sound. Keeping hands together, 'shoot' hands above the head (like fireworks going off), CLAP, and say "Ooh, Ahh!"
- <u>Empowering Parents</u> Arkansas PBS
- <u>Bridging the Digital Gap What is Available\_.pdf</u> Internet information
- <u>MKE Kids' Resources & Activities</u> Overwhelmed by all the ideas? This website offers a Google sheet with lists of websites by subject! Continue scrolling down for other resources such as "creating homeschool schedules" and "easy science activities".

Fun for Kids:

- <u>Daniel Tiger: Life's Little Lessons</u>
- <u>https://wedolisten.org</u> Howard B. Wigglebottom (lessons on manners, listening, etc.)
- <u>The Yucky Bug</u> video Julia Cook's book about a virus
- Make a "Challenge Board" Draw a grid with spaces (you decide the number of spaces) and in each space write something you can do (help a family member without asking, journal about your feelings, goals, etc.)
- Make a "Gratitude Tree" Draw a tree with leaves. On each leaf write down something you are thankful for....
- Keep a "Happy Memory" journal think about happy memories (for example something you have done or places you have visited something that made you smile). Close your eyes and picture the details the colors and shapes, sounds, smells, and people that were part of this happy memory. Draw or write about the memory in a journal or just a piece of paper. Remember revisiting a "happy place" will help you when you feel sad, discouraged or help you calm down.
- Write about the community helpers who are making a difference while we are out of school. List at least 2 helpers, what their job is, and how they help our community.
- Remember ways we S.O.A.R. ---- Write down ways you are being <u>S</u>afe, resp<u>O</u>nsible, <u>A</u>ccepting of others/showing kindness and <u>R</u>espectful at home!
- Have family members share a special memory they have when they were your age!
- <u>25 exercise/games for kids</u> Activities to get kids moving!
- <u>Youthlight</u> Youthlight will be providing free "life skills" resources. New lessons on different topics each week. A box will pop up when you go to the website click on it to gain access to the lessons.

If you have any questions or concerns - please email me at <u>dsabo@mhbombers.com</u>

