







Monday	Tuesday	Wednesday	Thursday	Friday	
30	31	1	2	3	
					
<b>Wk 19</b>	6	7	8	9	10
	Bagel, Cream Cheese Chicken Fried Steak Mashed Potatoes Seasoned Green Beans Sliced Peaches WW Roll Peppered Gravy	Biscuit, Peppered Gravy, Chocolate Gravy Beef Taco w/Lettuce & Tomatoes Spanish Rice Seasoned Pinto Beans Salsa Orange Smiles	Burrito, Salsa Hot Dog on Bun Potato Salad Marinated Black Bean Salad Pineapple Tidbits Ketchup, Mustard	Biscuit, Sausage Patty, Egg Patty Hamburger on Bun Sandwich Salad Cup Carroteenies Baked Potato Chips Assorted Fresh Fruit Ketchup, Mayo & Mustard Ranch Dressing Assorted Juice (9 - 12)	<b>Meal Prices:</b> All meals are served to our students at no charge to them. Students in grades 5 - 12 are able to purchase ala carte items at lunch. All ala carte items are to be paid for at the time of purchase. Parents may add money to a student's account at any time to purchase these items. Menus are subject to change Fruit Bowl is offered at breakfast and lunch with a choice of: Apple Banana Orange Students must take at least 1/2 cup fruit or vegetable each day at breakfast and lunch Students may decline 1 food item offered if 4 or more items are offered 3 components offered each day at breakfast: Grains Fruit Milk
<b>Wk 20</b>	13	14	15	16	17
Oatmeal, Donut Variety Beef Burrito Salsa Carrot Sticks Celery Sticks Apple Wedges Ranch Dressing Applesauce Cake (6 - 12)	Croissant, Egg Patty, Jelly Pork Roast Seasoned Green Beans Mashed Potatoes WW Roll Pineapple Tidbits Brown Gravy	Biscuit, Sausage Gravy, Chocolate Gravy Stromboli Carrot Coins Garlic Broccoli Sliced Peaches Marinara Sauce Garlic Breadstick (9 - 12)	Blueberry Muffin, Yogurt Variety Ham & Cheese Croissant Sandwich Salad Cup French Fries Fruit Cocktail Marshmallow Rice Square Ketchup, Mayo & Mustard	French Toast Sticks, Syrup Cup Chicken Fajita Seasoned Pinto Beans Salsa Cran-Apple Crisp Banana Assorted Juice (9 - 12)	Students may decline 1 food item offered if 4 or more items are offered 3 components offered each day at breakfast: Grains Fruit Milk Milk and juice are provided at breakfast Milk is provided at lunch Parents and grandparents are encouraged to come eat with your children
<b>Wk 21</b>	20	21	22	23	24
Pizza Variety Grilled Chicken Breast Garlic Broccoli Tossed Salad Pineapple Tidbits Brown Rice Pilaf Dressing Variety 	Dutch Waffle, Syrup Cup BBQ Pulled Pork Sandwich Baked Beans Creamy Cole Slaw Apple Wedges	Biscuit, Peppered Gravy, Chocolate Gravy Frito Chili Pie Seasoned Corn Cooked Baby Carrots Strawberries & Bananas Cinnamon Roll	Cinnamon Roll (K - 12) Cereal & Toast (Head Start) Spaghetti w/Meat Sauce Tossed Salad Seasoned Green Beans Sliced Peaches Garlic Breadstick Dressing Variety	Biscuit, Sausage Patty, Egg Patty Chicken Strips Quick Baked Potato Carrot Sticks WW Roll Fresh Grapes Ketchup, BBQ Sauce Assorted Juice (9 - 12)	Parents and grandparents are encouraged to come eat with your children
<b>Wk 22</b>	27	28	29	30	31
Bagel, Cream Cheese BBQ Chicken Mashed Potatoes Green Beans Pears WW Roll Brown Gravy Alternate for 7 - 12 Hamburger w/Ketchup, Mayo, Mustard	Pancakes, Egg Patty, Syrup Cup Stuffed Crust Pizza Tossed Salad California Blend Pineapple Tidbits Dressing Variety	Biscuit, Sausage Gravy, Chocolate Gravy BBQ Pulled Pork Nachos Baked Beans Creamy Cole Slaw Sliced Peaches Pizza	Toast, Cereal Variety Chicken Alfredo with a Twist Garlic Broccoli Cooked Baby Carrots Banana Garlic Breadstick (6 - 12) Chicken Sandwich w/Ketchup, Mayo, & Mustard	Oatmeal, Donut Variety Popcorn Chicken Sweet Potato Crunch Tossed Salad Strawberries WW Roll Ketchup, BBQ Sauce Dressing Variety Assorted Juice (9 - 12) Chef Salad w/Dressing Variety	This institution is an equal opportunity provider