

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wk 4</b> 2	3	4	5	6
Bagel, Cream Cheese	Pancakes, Egg Patty, Syrup Cup	Biscuit, Sausage Gravy, Chocolate Gravy	Toast, Cereal Variety	Oatmeal, Donut Variety
BBQ Chicken	Stuffed Crust Pizza	Pulled Pork Nachos	Chicken Alfredo with a Twist	Popcorn Chicken
Mashed Potatoes	Tossed Salad	Baked Beans	Garlic Broccoli	Sweet Potato Crunch
Green Beans	California Blend	Creamy Cole Slaw	Cooked Baby Carrots	Tossed Salad
Pears	Pineapple Tidbits	Sliced Peaches	Banana	Strawberries
WW Roll	Dressing Variety		Garlic Breadstick (6 - 12)	WW Roll
Brown Gravy				Ketchup, BBQ Sauce
				Dressing Variety
				Assorted Juice (9 - 12)
<b>Wk 5</b> 9	10	11	12	13
Pizza Variety	Toast, Cereal Variety	Biscuit, Peppered Gravy, Chocolate Gravy	Morning Sausage Roll	Oatmeal Muffin Square, Yogurt Variety
Chili Cheese Fries	Honey Lemon Chicken	Ham & Cheese Lunch Box	Parmesan Chicken w/Penne Pasta	Hamburger on Bun
O'Brien Corn	Wild Rice	Crackers	Herbed Broccoli & Cauliflower	Sandwich Salad Cup
Chili Beans	Garlic Broccoli	Carrot & Celery Sticks	Tossed Salad	Carrot & Celery Sticks
Applesauce	Sliced Pears	Broccoli & Cauliflower Florets	Sliced Peaches	Baked Potato Chips
	WW Roll	Frozen Fruit Bar	Garlic Breadstick	Apple Wedges
		Ranch Dressing	Dressing Variety	Ketchup, Mayo & Mustard
				Ranch Dressing
				Assorted Juice (9 - 12)
<b>Wk 6</b> 16	17	18	19	20
Tornado Variety	Pancake & Sausage on Stick, Syrup Cup	Biscuit, Sausage Gravy, Chocolate Gravy	Blueberry Muffin, Yogurt Variety	Soft Filled Cereal Bar Variety (K - 12)
				Toast, Cereal (Head Start)
Orange Chicken w/Fried Rice	Stuffed Crust Pizza	Oven Fried Chicken	Italian Meatball Sub	Grilled Chicken Wrap
Galic Broccoli	Tossed Salad	Mashed Potatoes	Marinara Sauce	Raw Veggie Strips
Cooked Baby Carrots	California Blend	Seasoned Green Beans	Seasoned Corn	Black-eyed Peas
Pineapple Tidbits	Sliced Peaches	WW Roll	Apple Wedges	Brown Rice Pilaf
Fortune Cookie		Strawberries	Whole Wheat Sugar Cookie	Banana
Egg Roll (K - 12)		Brown Gravy		Ranch Dressing
				Assorted Juice (9 - 12)
<b>Wk 7</b> 23	24	25	26	27
Pizza Variety	Bagel, Cream Cheese	Biscuit, Peppered Gravy, Chocolate Gravy	Burrito, Salsa	Biscuit, Sausage Patty, Egg Patty
Popcorn Chicken	Beef Taco w/Lettuce & Tomatoes	Chicken Fried Steak	Hot Dog on Bun	Hamburger on Bun - Grilled
Seasoned Corn	Spanish Rice	Mashed Potatoes	Potato Salad	Sandwich Salad Cup
Tossed Salad	Seasoned Pinto Beans	Seasoned Green Beans	Marinated Black Bean Salad	Carroteenies
Strawberries	Salsa	Sliced Peaches	Sweet Potato Fries	Baked Potato Chips
WW Roll	Orange Smiles	WW Roll	Pineapple Tidbits	Assorted Fresh Fruit
Ketchup, BBQ Sauce		Peppered Gravy	Ketchup, Mustard	Ketchup, Mayo & Mustard
Dressing Variety				Ranch Dressing
				Assorted Juice (9 - 12)
<b>Wk 8</b> 30	1	2	3	4
Oatmeal, Donut Variety	Croissant, Egg Patty, Jelly	Biscuit, Sausage Gravy, Chocolate Gravy	Blueberry Muffin, Yogurt Variety	French Toast Sticks, Syrup Cup
Beef Burrito	Pork Roast	Stromboli	Ham & Cheese Croissant	Chicken Fajita
Salsa	Seasoned Green Beans	Carrot Coins	Sandwich Salad Cup	Seasoned Pinto Beans
Carrot Sticks	Mashed Potatoes	Garlic Broccoli	French Fries	Salsa
Celery Sticks	WW Roll	Sliced Peaches	Fruit Cocktail	Cran-Apple Crisp
Apple Wedges	Pineapple Tidbits	Garlic Breadstick	Marshmallow Rice Square	Banana
Ranch Dressing	Brown Gravy		Ketchup, Mayo & Mustard	Assorted Juice (9 - 12)
Applesauce Cake (6 - 12)				
Alternate for 7 - 12				
Hamburger w/Ketchup, Mayo, Mustard	Popcorn Chicken w/BBQ Sauce & Ketchup	Pizza	Chicken Sandwich w/Ketchup, Mayo, & Mustard	Chef Salad w/Dressing Variety



**Meal Prices:**  
All meals are served to our students at no charge to them. Students in grades 5 - 12 are able to purchase ala carte items at lunch. All ala carte items are to be paid for at the time of purchase. Parents may add money to a student's account at any time to purchase these items.

Menus are subject to change  
Fruit Bowl is offered at breakfast and lunch with a choice of:  
Apple  
Banana  
Orange

Students must take at least 1/2 cup fruit or vegetable each day at breakfast and lunch  
Students may decline 1 food item offered if 4 or more items are offered

3 components offered each day at breakfast:  
Grains  
Fruit  
Milk

Milk and juice are provided at breakfast  
Milk is provided at lunch  
Parents and grandparents are encouraged to come eat with your children

This institution is an equal opportunity provider