

AR
 Mountain Home Jr. High School (Mountain Home School District)
 2301 Rodeo Drive
 Mountain Home AR 72653
 870-425-1231

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Mountain Home Junior High
School LEA Number:	0303019

School Year: 2018-2019

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	MHJH254868
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Reviewer Comments:

Body Mass Index (BMI)

<input checked="" type="checkbox"/>	The school can verify the analysis of the School Level Body Mass Index screening data conclusions.
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Description/Conclusion

Mountain Home Jr High, a public Middle/Junior School located within the Mountain Home School District in Baxter County, serves students in grades 8-8. Prior to the beginning of BMI measurements, Arkansas Department of Education data systems indicated a total enrollment of 294 in the school, or 293 in grades for which BMI assessments are required (K,2,4,6,8, or 10). BMI was assessed for 281 students. Overall, BMI classification results for Mountain Home Jr High School show: approximately 17.8% of all children measured were in the OVERWEIGHT category, and approximately 20.3% of all children measured were identified as OBESE.

Other health and wellness related data (Optional)

Description/Conclusion

Reviewer Comments:

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
 - The LEA will ensure that the district policy is in compliance with state and federal mandates.
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Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {Requirements: see 1 required activity.}

Goal 1 Measurable Objective

Ensure that all students served by the LEA receive grade-appropriate nutrition education

Goal 1

Activity	Person Responsible	Timeline
Coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed.	Debbie Braunagel	5/20/19
Ensure that all students served by the LEA receive grade-appropriate nutrition education provided by the school nurse.	Angie Horn	5/20/19
Ensure the school's wellness plan is in compliance with federal and state mandates.	Jacque Albright	10/1/18

Reviewer Comments:

Goal 2: How will the LEA provide coordination and support to create an environment that

promotes physical activity and provides quality physical education for students? {Requirements: see 2 required activities.}

Goal 2 Measurable Objective

Ensure that minimum levels of physical education and physical activity are being provided & ensure that physical activity is implemented across the curriculum for all grade levels.

Goal 2

Activity	Person Responsible	Timeline
To ensure physical activity is implemented across the curriculum for all grade levels our teachers will be provided appropriate professional development & additional activities to incorporate into class. These resources will help to increase movement activities that can be used during a short break in class.	Kyle McCarn	Ongoing
To ensure minimum levels of physical education and physical activity are being provided	Brad Morris	Bi-Annually

Reviewer Comments:

Goal 3: How will the LEA provide professional development for school staff on nutrition and physical activity? {Requirements: see 1 required activity.}

Goal 3 Measurable Objective

Provide professional development for staff that includes nutrition and physical activity.

Goal 3

Activity	Person Responsible	Timeline
Our nurse will provide/offer professional development for staff that includes nutrition and physical activity to promote healthier lifestyles for staff and students.	Angie Horn	5/20/19

Reviewer Comments:

Goal 4: *(Optional)* How does the school address other health disparities trending among students identified from the Needs Assessment?

Goal 4 Measurable Objective

Goal 4

Activity	Person Responsible	Timeline

Reviewer Comments:

Reviewer Response:

Reviewer Comments: