
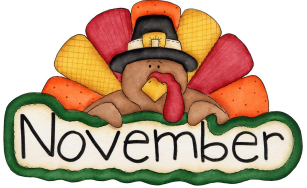






Monday	Tuesday	Wednesday	Thursday	Friday															
 <p>VETERANS DAY</p>	<p>Veterans Day is November 11. Thank you to all who have protected our freedom.</p>		<p>Wk 12 1</p> <p>Blueberry Muffin</p> <p>Italian Meatball Sub</p> <p>Marinara Sauce</p> <p>Tossed Salad</p> <p>Seasoned Corn</p> <p>Apple Wedges</p> <p>Dressing Variety</p>	<p>2</p> <p>Pancake & Sausage Stick</p> <p>Gyro</p> <p>Sauteed Peppers and Onions</p> <p>Red Pepper Hummus</p> <p>Pretzels</p> <p>Assorted Fresh Fruit</p> <p>Tzatziki Sauce</p>	 <p>November</p>														
		<p>Wk 13 5</p> <p>Pizza</p> <p>Popcorn Chicken</p> <p>Seasoned Corn</p> <p>Tossed Salad</p> <p>Strawberries</p> <p>WW Roll</p> <p>Ketchup, BBQ Sauce</p> <p>Dressing Variety</p>	<p>6</p> <p>Bagel, Cream Cheese</p> <p>Beef Taco w/Lettuce & Tomatoes</p> <p>Seasoned Pinto Beans</p> <p>Salsa</p> <p>Orange Smiles</p> <p>Tortilla Chips</p>	<p>7</p> <p>Biscuit, Peppered Gravy, Chocolate Gravy</p> <p>Chicken Fried Steak</p> <p>Mashed Potatoes</p> <p>Seasoned Green Beans</p> <p>Sliced Peaches</p> <p>WW Roll</p> <p>Peppered Gravy</p>		<p>8</p> <p>Burrito, Salsa</p> <p>Hamburger on Bun</p> <p>Sandwich Salad Cup</p> <p>Sweet Potato Fries</p> <p>Apple Wedges</p> <p>Ketchup, Mayo & Mustard</p>	<p>9</p> <p>Biscuit, Sausage Patty</p> <p>Hot Dog on Bun</p> <p>Creamy Cole Slaw</p> <p>Marinated Black Bean Salad</p> <p>Pineapple Tidbits</p> <p>Chips</p> <p>Ketchup, Mustard</p>	<p>Meal Prices:</p> <p>Breakfast:</p> <table border="1"> <tr> <td>Reduced</td> <td>\$0.00</td> </tr> <tr> <td>Full</td> <td>\$1.10</td> </tr> <tr> <td>Adult</td> <td>\$1.50</td> </tr> </table> <p>Lunch:</p> <table border="1"> <tr> <td>Reduced</td> <td>\$0.00</td> </tr> <tr> <td>Elementary Full</td> <td>\$1.65</td> </tr> <tr> <td>High School Full</td> <td>\$1.90</td> </tr> <tr> <td>Adult</td> <td>\$3.00</td> </tr> </table>	Reduced	\$0.00	Full	\$1.10	Adult	\$1.50	Reduced	\$0.00	Elementary Full	\$1.65	High School Full
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<p>Wk 14 12</p> <p>Oatmeal, Donut</p> <p>Beef Burrito</p> <p>Salsa</p> <p>Carrot Sticks</p> <p>Celery Sticks</p> <p>Assorted Fresh Fruit</p> <p>Ranch Dressing</p> <p>Applesauce Cake (6 - 12)</p>	<p>13</p> <p>Croissant, Jelly</p> <p>Pork Roast</p> <p>Seasoned Green Beans</p> <p>Mashed Potatoes</p> <p>WW Roll</p> <p>Pineapple Tidbits</p> <p>Brown Gravy</p>	<p>14</p> <p>Biscuit, Sausage Gravy, Chocolate Gravy</p> <p>Stromboli</p> <p>Carrot Coins</p> <p>Garlic Broccoli</p> <p>Sliced Peaches</p> <p>Marinara Sauce</p> <p>Oatmeal Raisin Cookie (9 - 12)</p>	<p>15</p> <p>Blueberry Muffin</p> <p>Ham & Cheese Croissant</p> <p>Sandwich Salad Cup</p> <p>French Fries</p> <p>Fruit Cocktail</p> <p>Marshmallow Rice Square (K-12)</p> <p>Ketchup, Mayo & Mustard</p> 	<p>16</p> <p>French Toast Sticks</p> <p>Chicken Fajita</p> <p>Seasoned Pinto Beans</p> <p>Salsa</p> <p>Cran-Apple Crisp (K - 12)</p> <p>Banana (Head Start)</p>	<p>Meal Charge limit is \$10.00 for students There is no charging for adults</p> <p>Menu are subject to change</p> <p>Fruit Bowl is offered at breakfast and lunch with choice of:</p> <ul style="list-style-type: none"> Apple Banana Orange 														
<p>Wk 15 19</p> <p>Pizza</p> <p>Grilled Chicken Breast</p> <p>Garlic Broccoli</p> <p>Tossed Salad</p> <p>Pineapple Tidbits</p> <p>Brown Rice Pilaf</p> <p>Dressing Variety</p>	<p>20</p> <p>Dutch Waffle</p> <p>BBQ Pulled Pork Sandwich</p> <p>Baked Beans</p> <p>Creamy Cole Slaw</p> <p>Apple Wedges</p>	<p>21</p> 	<p>22</p> 	<p>23</p> 	<p>Students must take at least 1/2 cup fruit or vegetable each day at breakfast and lunch</p> <p>Students may decline 1 food item offered if 4 or more items are offered</p> <p>3 components offered each day at breakfast:</p> <ul style="list-style-type: none"> Grains Fruit Milk 														
<p>Wk 16 26</p> <p>Pancakes</p> <p>Stuffed Crust Pizza</p> <p>Tossed Salad</p> <p>California Blend</p> <p>Pineapple Tidbits</p>	<p>27</p> <p>Morning Sausage Roll</p> <p>BBQ Chicken</p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>WW Roll</p> <p>Pears</p> <p>Brown Gravy</p>	<p>28</p> <p>Biscuit, Sausage Gravy, Chocolate Gravy</p> <p>Sloppy Joe on Bun</p> <p>Baked Beans</p> <p>Creamy Cole Slaw</p> <p>Sliced Peaches</p>	<p>29</p> <p>Toast, Cereal Variety</p> <p>Chicken Alfredo with a Twist</p> <p>Garlic Broccoli</p> <p>Cooked Baby Carrots</p> <p>Banana</p> <p>Garlic Breadstick (6 - 12)</p>	<p>30</p> <p>Oatmeal, Donut</p> <p>Popcorn Chicken</p> <p>Quick Baked Potato</p> <p>Tossed Salad</p> <p>Strawberries</p> <p>WW Roll</p> <p>Ketchup, BBQ Sauce</p> <p>Dressing Variety</p>	<p>Milk is provided with each meal</p> <p>Parents and grandparents are encouraged to come eat with your children</p> <p>This institution is an equal opportunity provider</p>														
<p>Alternate for 7 - 12</p> <p>Hamburger w/Ketchup, Mayo, Mustard</p>	<p>Popcorn Chicken w/BBQ Sauce & Ketchup</p>	<p>Pizza</p>	<p>Chicken Sandwich w/Ketchup, Mayo, & Mustard</p>	<p>Chef Salad w/Dressing Variety</p>															