

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wk 8</b>				
1	2	3	4	5
Oatmeal, Donut	Croissant, Jelly	Biscuit, Sausage Gravy, Chocolate Gravy	Blueberry Muffin, Yogurt	French Toast Sticks
Beef Burrito	Pork Roast	Stromboli	Ham & Cheese Croissant	Chicken Fajita
Salsa	Seasoned Green Beans	Carrot Coins	Sandwich Salad Cup	Seasoned Pinto Beans
Carrot Sticks	Mashed Potatoes	Garlic Broccoli	French Fries	Salsa
Celery Sticks	WW Roll	Sliced Peaches	Fruit Cocktail	Cran-Apple Crisp (K - 12)
Assorted Fresh Fruit	Pineapple Tidbits	Marinara Sauce	Marshmallow Rice Square (K-12)	Banana (Head Start)
Ranch Dressing	Brown Gravy	Garlic Breadstick (9 - 12)	Ketchup, Mayo & Mustard	
Applesauce Cake (9 - 12)				
<b>Wk 9</b>				
8	9	10	11	12
Pizza	Dutch Waffle	Biscuit, Peppered Gravy, Chocolate Gravy	Cinnamon Roll (K - 12) Cereal (Head Start)	Biscuit, Sausage Patty
Grilled Chicken Breast	BBQ Pulled Pork Sandwich	Chili Pie w/Tortilla Chips	Spaghetti w/Meat Sauce	Chicken Strips
Garlic Broccoli	Baked Beans	Seasoned Corn	Tossed Salad	Quick Baked Potato
Tossed Salad	Creamy Cole Slaw	Cooked Baby Carrots	Seasoned Green Beans	Carrot Sticks
Pineapple Tidbits	Apple Wedges	Strawberries & Bananas	Sliced Peaches	WW Roll
Brown Rice Pilaf		Cinnamon Roll	Garlic Breadstick	Fresh Grapes
Dressing Variety			Dressing Variety	Ketchup, BBQ Sauce
<b>Wk 10</b>				
15	16	17	18	19
Pancakes	Toast, Cereal Variety	Biscuit, Sausage Gravy, Chocolate Gravy	Oatmeal, Donut	
Stuffed Crust Pizza	Chicken Alfredo with a Twist	Sloppy Joe on Bun	Popcorn Chicken	
Tossed Salad	Garlic Broccoli	Baked Beans	Quick Baked Potato	
California Blend	Cooked Baby Carrots	Creamy Cole Slaw	Tossed Salad	
Pineapple Tidbits	Banana	Sliced Peaches	Strawberries	
	Garlic Breadstick (6 - 12)		WW Roll	
			Ketchup, BBQ Sauce	
			Dressing Variety	
<b>Wk 11</b>				
22	23	24	25	26
Pizza	Oatmeal Muffin Square, Yogurt	Biscuit, Peppered Gravy, Chocolate Gravy	Pancake & Sausage on Stick	Tornado
Burrito	Honey Lemon Chicken	Chili Pie w/Tortilla Chips	Parmesan Chicken w/Penne Pasta	Hamburger on Bun
Seasoned Green Beans	Wild Rice	Seasoned Corn	Herbed Broccoli & Cauliflower	Sandwich Salad Cup
Chili Beans	Garlic Broccoli	Tossed Salad	Tossed Salad	Carrot & Celery Sticks
Applesauce	Sliced Pears	Orange Smiles	Sliced Peaches	Baked Potato Chips
Salsa	WW Roll	Cinnamon Roll	Garlic Breadstick	Apple Wedges
		Dressing Variety	Dressing Variety	Ketchup, Mayo & Mustard
				Ranch Dressing
<b>Wk 12</b>				
29	30	31		
Morning Sausage Roll	Bagel, Cream Cheese	Biscuit, Sausage Gravy, Chocolate Gravy		
Orange Chicken	Grilled Chicken Wrap	Oven Fried Chicken		
Garlic Broccoli	Raw Veggie Strips	Mashed Potatoes		
Pineapple Tidbits	Black-eyed Peas	Seasoned Green Beans		
Fortune Cookie	Brown Rice Pilaf	WW Roll		
Egg Roll (K - 12)	Sliced Peaches	Strawberries		
	Ranch Dressing	Brown Gravy		
			<b>National School Lunch Week</b> <b>October 12 - 16, 2018</b>	
Alternate for 7 - 12				
Hamburger w/Ketchup, Mayo, Mustard	Popcorn Chicken w/BBQ Sauce & Ketchup	Pizza	Chicken Sandwich w/Ketchup, Mayo, & Mustard	Chef Salad w/Dressing Variety



Meal Prices:	
Breakfast:	
Reduced	\$0.00
Full	\$1.10
Adult	\$1.50
Lunch:	
Reduced	\$0.00
Elementary Full	\$1.65
High School Full	\$1.90
Adult	\$3.00

Meal Charge limit is \$10.00 for students  
 There is no charging for adults  
 Menus are subject to change  
 Fruit Bowl is offered at breakfast and lunch  
 with choice of:  
 Apple  
 Banana  
 Orange

Students must take at least 1/2 cup fruit or vegetable each day at breakfast and lunch  
 Students may decline 1 food item offered if 4 or more items are offered  
 3 components offered each day at breakfast:  
 Grains  
 Fruit  
 Milk

Milk is provided with each meal  
 Parents and grandparents are encouraged to come eat with your children  
 This institution is an equal opportunity provider