


November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Sausage Roll Grilled Chicken Wrap Raw Veggie Strips Black-Eyed Peas Brown Rice Pilaf Sliced Peaches Ranch Dressing	Bagel, Cream Cheese Italian Meatball Sub Marinara Sauce Seasoned Corn Apple Wedges	1 Biscuit, Sausage Gravy Asian Beef & Broccoli Bowl Carrot Coins Pineapple Tidbits Fortune Cookie Egg Roll (K - 12)	2 Blueberry Muffin Oven Fried Chicken Mashed Potatoes Seasoned Green Beans Whole Wheat Roll Strawberries Brown Gravy	3 French Toast Sticks Ham & Cheese Croissant Sandwich Salad Cup French Fries Fresh Fruit Cup Marshmallow Rice Square (K - 12) Ketchup, Mayo, Mustard
6 Pizza Popcorn Chicken Seasoned Corn Tossed Salad Strawberries WW Roll Ketchup, BBQ Sauce Dressing Variety	7 Bagel, Cream Cheese Beef Taco w/Lettuce & Tomatoes Seasoned Pinto Beans Salsa Orange Smiles Tortilla Chips	8 Biscuit, Peppered Gravy Chicken Fried Steak Mashed Potatoes Seasoned Green Beans Sliced Peaches WW Roll Peppered Gravy	9 Burrito, Salsa Hamburger Sandwich Salad Cup Sweet Potato Fries Apple Wedges Ketchup, Mayo, Mustard	10 Veterans Day Biscuit, Sausage Patty Hot Dog on Bun Cole Slaw Marinated Black Bean Salad Pineapple Tidbits Ketchup, Mustard
13 Oatmeal, Donut Beef Burrito Salsa Carrot Sticks Celery Sticks Assorted Fresh Fruit Ranch Dressing Applesauce Cake - 6 - 12	14 Croissant Beef Fajita Pinto Beans Salsa Cran-Apple Crisp - K - 12 Apple Wedges - Head Start	15 Biscuit, Sausage Gravy Stromboli Carrot Coins Garlic Broccoli Peaches Marinara Sauce Oatmeal Raisin Cookie - 9 - 12	16 Blueberry Muffin Pork Roast Seasoned Green Beans Mashed Potatoes WW Roll Pineapple Tidbits Brown Gravy	17 French Toast Berry Parfait Philly Steak & Cheese Sauteed Onions & Peppers Sweet Potato Fries Apple Wedges
20 Pizza Grilled Chicken Breast Garlic Broccoli Tossed Salad Pineapple Tidbits Brown Rice Pilaf Dressing Variety	French Toast Sticks BBQ Pulled Pork Sandwich Baked Beans Creamy Cole Slaw Apple Wedges	22 Thanksgiving Break	23 Thanksgiving Break 	24 Thanksgiving Break
27 Manager's Choice	28 Pancakes Steakhouse Hoagie Sweet Potato Fries California Blend Pineapple Chunks	29 Biscuit, Sausage Gravy Chicken Alfredo with a Twist Garlic Broccoli Cooked Baby Carrots Banana Garlic Breadstick - 6 - 12	30 Toast, Cereal Sloppy Joe on Bun Baked Beans Creamy Cole Slaw Sliced Peaches	Oatmeal, Donut Popcorn Chicken Quick Baked Potato Tossed Salad Strawberries WW Roll Ketchup, BBQ Sauce Dressing Variety

Meal Prices:
Breakfast:
Reduced \$0.00
Full \$1.10
Adult \$1.50
Lunch:
Reduced \$0.00
Elementary Full \$1.65
High School Full \$1.90
Adult \$3.00
Meal Charge limit is \$10.00 for students
There is no charging for adults
Menus subject to change
Fruit Bowl offered each morning with choice of:
Apple
Banana
Orange
Students must take at least 1/2 c fruit or vegetable each day at breakfast and lunch
Students may decline 1 food item offered if 4 or more items are offered.
3 components offered each day at breakfast:
Grains
Fruit
Milk
Parents and grandparents are welcome to come eat with your children
This institution is an equal opportunity provider.

Alternate for 7 - 12

Hamburger w/Ketchup, Mayo, Mustard	Popcorn Chicken w/BBQ Sauce & Ketchup	Pizza	Chicken Sandwich w/Ketchup, Mayo, Mustard	Chef Salad w/Dressing Variety
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