

When you are fearful

Psalm 121 tells me that you never slumber or sleep, so I will trust you to take care of me – moment by moment, day by day. In Jesus name...

I will lift up mine eyes unto the hills, from whence cometh my help

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My help cometh from the LORD, which made heaven and earth.
He will not suffer thy foot to be moved: he that keepeth thee will not slumber.
Behold, he that keepeth Israel shall neither slumber nor sleep.
The LORD is thy keeper: the LORD is thy shade upon thy right hand.
The sun shall not smite thee by day, nor the moon by night.
The LORD shall preserve thee from all evil: he shall preserve thy soul.
The LORD shall preserve thy going out and thy coming in from this time forth,
and even for evermore

Irish Blessing For Comfort in Time of Grief

May you see God's light on the path ahead
when the road you walk is dark.

May you always hear, even in your hour of sorrow,
the gentle singing of the lark.

When times are hard may hardness never turn your heart to stone.

May you always remember when the shadows fall you do not walk alone.